



Trelawnyd Little Learners - Sun Safety and Protection Policy

At Trelawnyd Little Learners we recognise the importance of sun protection and want the children and staff to enjoy the sun safely. This policy is in place to explain the steps we take to ensure sun safety. All staff at Trelawnyd Little Learners will be educated on the damaging effects of exposure to the sun and the importance of sun protection for children and themselves.

Sun Cream

- We ask parents / guardians to provide a bottle of sun cream for their child. This sun cream must be in date and have a minimum of SPF30 and four stars UVA rating (in line with NHS recommendations). This bottle should be clearly labelled with the child's name and parents / guardians are welcome to leave it at the setting where it will be stored safely.
- We will apply sun cream to all exposed parts of the body at least 20 minutes before sun exposure to allow it to reach its full effectiveness
- Parents / guardians should apply sun cream at home and send their child into the setting with it on. We will however reapply before sun exposure.
- Parents / carers are asked to give written permission for sunscreen to be applied to their child.
- Parents / carers should make staff aware if a child can't use a certain type of sun cream due to skin irritation or allergy
- Trelawnyd Little Learners are unable to provide spare sunscreen due to allergy risks. If families don't supply their child with sun cream it may limit their ability to spend time outside that day
- Staff should apply sun cream using disposable gloves and log each child's cream application on a sun cream sheet.

Protection and Shade

- Throughout the summer and on sunnier days we will check the UV index before children go outside to decide if sun protection is needed.

- We will also make use of the shaded area for children to be able to stay out of direct sunlight.
- Children are encouraged to play in shaded areas of the outdoor space.
- We will take the necessary steps to keep the children out of the sun during the hottest parts of the day (11.00am - 1.00pm). This may mean changing the routine, so children are not outside during this timeframe if the temperatures are extremely high.
- On warmer and sunnier days children will also be encouraged to increase their water intake to stay hydrated. This included discussing with children in an age appropriate manner why we need to drink more water.
- Where temperatures exceed safe limits, children will be kept indoors and take part in low movement activities to ensure they keep as cool as possible. Some parents may wish to collect children early on these days or not send their children in at all. We will keep an eye on local advice and make informed decisions on operating hours in extreme conditions